Make Joy a Part of your Life!

- 4 Rejoice in the Lord alway: and again I say, Rejoice.
- ⁵ Let your moderation be known unto all men. The Lord is at hand.
- ⁶ Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.
- ⁷ And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. **Phil 4:3-7 (KJV)**

Most people misunderstand how significant "JOY" is to a Believer's life. They seem to go around with an empty and sad look on the their face, when God has His joy available to them--no matter the circumstance or situation they may find themselves in through this journey of life.

Here is a good example of what I mean... I read of a little girl who asked her Grandmother how she was feeling. Grandma replied she was feeling fine. Then her little Granddaughter said: "Well, if you feel good, why don't you tell your face?"

In our Nation today (more than ever) our goal should be to let the JOY of God permeate our heart in such a way that the countenance of our face changes to a "FACE OF JOY."

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven. **Matt 5:16 (KJV)**

This is what the Apostle Paul meant by verses 4 and 5. We need to celebrate (Rejoice in) God's presence all day, every day. We need to literally let the world know that He lives in and through us, and because "He Lives," we can face tomorrow with Joy!

- ⁴ Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness. ⁵ For his anger *endureth but* a moment; in his favour *is* life: weeping may endure for a night, but joy *cometh* in the morning. **Psalms 30:4-5**
- ¹¹ Thou hast turned for me my mourning into dancing: thou hast put

off my sackcloth, and girded me with gladness; ¹² To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee forever. **Psalms 30:11-12**

We may say, "Okay, Paul--then how is that done successfully"? Here is how I think he would answer it in three parts:

- 1. We need to know the Source of real Joy
- 2. We should daily have a Goal of Joy!
- 3. Finally, we should live our Joy!

Let's take them one by one. First of all:

1. We need to know the Source of real Joy!

It was once said by Ron Hembree... "Joy is like a well containing sweet water. It is not enough to know the water is there or even to drill the well. If the well is to be useful, the water must be brought to the surface. Those who know and have received Christ have found the source of genuine joy."

Over the years we all have had to suffer through adversity and even tragedy, and it can pay a toll on us, but we must remember God's joy and hope has not left our hearts. Through the tears and extreme heartache, joy has been our heart's strength and companion. How you may ask? Because through all the setbacks of life, the true source of joy lives in our hearts and His word says "He will never leave us nor forsake us." IT IS THROUGH THE INDWELLING PRESENCE OF GOD! It is in knowing that we are always victorious through Christ, regardless of what comes our way.

Moses spoke to his people:

⁶ Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he *it is* that doth go with thee; he will not fail thee, nor forsake thee. ⁷ And Moses called unto Joshua, and said unto him in the sight of all Israel, Be strong and of a good courage:

for thou must go with this people unto the land which the LORD hath sworn unto their fathers to give them; and thou shalt cause them to inherit it. 8 And the LORD, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed.

Deut 31:6-8 (KJV)

Paul, writing to the Hebrews said:

¹ Let brotherly love continue. ² Be not forgetful to entertain strangers: for thereby some have entertained angels unawares. ³ Remember them that are in bonds, as bound with them; and them which suffer adversity, as being yourselves also in the body. Heb 13:1-3

⁵ Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, <u>I will never leave thee</u>, <u>nor forsake thee</u>. ⁶ So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. ⁷ Remember them which have the rule over you, who have spoken unto you the word of God: whose faith follow, considering the end of *their* conversation. ⁸ Jesus Christ the same yesterday, and to day, and for ever. Heb 13:1-8 (KJV)

The God of the Universe loves us so much that no matter what we go through--He refuses to neither leave us nor forsake us. This is how we can still have joy! We <u>must</u> turn to Him --not the things of the world.

- 9 As the Father hath loved me, so have I loved you: continue ye in my love. 10 If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.
- ¹¹ These things have I spoken unto you, **that my joy might remain in** you, and *that* your joy might be full.
- ¹² This is my commandment, That ye love one another, as I have loved you. **John 15:9-12 (KJV)**

God is working in us, carrying us, and loving us, by filling us with His Joy!

6 Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations: 7 That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: 8 Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: 9 Receiving the end of your faith, even the salvation of your souls. 1 Peter 1:6-9 (KJV)

15 Thanks be unto God for his unspeakable gift. 2 Cor 9:15 (KJV)

Jesus Christ, <u>God's gift to mankind</u>, will produce an inner Joy that is truly amazing!

Last question...Do you have the... Source of real Joy?